

ZABYLI SAHAR

est. 2016

TASTE. COFFEE. MOMENTS



ABOUT OUR PROJECTS **JOY**^{co}
and fruit and berry garden in Sochi



BREAKFAST all day

Croissants and pancakes

Croissant	250
– with butter and jam	390
– with tambov ham and poached egg	720
– with trout and poached egg	870

Homemade pancakes	350
trout +470 sour cream +120 wild strawberries +350	



Eggs

Big breakfast: scramble, croissant or tartine, or tartine, mixed salad, butter, garden fig confiture	
– with tambov ham	990
– with trout	1050

Farm breakfast: scramble, hash brown, mixed salad, tomatoes, cucumbers, grain bread and butter	670
trout +470 tambov ham +290	

Draniki from green buckwheat with tambov ham, soft-boiled egg and oyster mushroom sauce	650
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Sunny-side up eggs, omelette or scramble from 3 eggs	370
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Avocado toast with poached egg, mixed salad and truffle cream cheese	620
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Benedict on hash brown with romaine lettuce	590
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Healthy breakfast with green buckwheat, avocado, poached egg and mixed salad	650
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Carrot waffle with guacamole, poached egg and mixed salad	650
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We recommend to add: trout +470 | prawns +390
tambov ham +290



Porridges

We can cook on cow's milk and without additives

Oatmeal with garden figs, raspberries and almonds with oat milk	490
Rice white chocolate ganache and mango on coconut milk	590



Gluten-free syrniki

With garden figs and sour cream	720
With wild strawberries and sour cream	890



MAIN MENU all day

For start

- Zucchini pancake with poached egg and sour cream 590
trout +470 | prawns +390 | tambov ham +290
- 🍽️ Salad with chicken breast, pear, wheat germ and chimichurri sauce 590
- Caesar salad
– with chicken 690
– with prawns 790
- 🍽️ Greek salad 720
- 🍽️ With quinoa, avocado, tomatoes, edamame beans and sweet chili sauce 820
trout +470 | prawns +390
- 🍽️ Big green salad 820



Soups

- Chicken broth with homemade noodles and egg 490
- 🍽️ Pumpkin cream soup on coconut milk 520
– with prawns 630



Here you will find photos of dishes



Main courses

- Varenky with potatoes, oyster mushrooms and lion's mane we sculpt ourselves 650
- 🍽️ Buckwheat noodles with prawns and broccoli 690
- Shawarma
– with chicken 720
– with prawns and mango sauce 🍽️ 820
- Tagliolini with chicken, mushrooms and parmesan 770
- 🍽️ Minced turkey patties with root vegetable puree and truffle sauce 790
- Pappardelle with duck confit and sun-dried tomatoes 790
- Chicken breast with zucchini and carrot tagliatelle with demi-glace sauce 790
- 🍽️ Pike-perch fillet and orzo with avocado cream 890



Add to any dish

Parmesan	270	Prawns	390	Confiture:	
Avocado	270	Trout	470	– garden fig 🍽️	190
Chicken breast	290	Tambov ham	290	– cowberry	190
				– wild strawberry	350

Coffee our own roastery by Pa Pa Power

Espresso	290
Americano 250 ml	320
Filter 250 350 ml	350 390
Cappuccino 250 350 ml	350 390
Flat white 250 ml	390
☼ Latte 350 ml	390
☼ Chicory cappuccino 350 ml with coconut milk	430
Lemon latte with andaliman 350 ml	490
☼ Salted caramel latte 350 ml	490
Raf with bourbon vanilla 350 ml	490

☼ Plant-based 5YES! or lactose-free milk +100
Any coffee can be made on decaf

Add to any drink

Functional additives	90
Protein	] protein source
Marine collagen	
Lion's mane + reishi + cordyceps	
MCT powder + peruvian maca	
Sprinkles	30
Orange Currant Explosive caramel	
Caramel tonka Asian citrus	



Seasonal drinks 350 ml

we make all the syrups ourselves

Cold filter with tonka bean foam and non-alcoholic amaro	390
Virgin Gin Tonic	450
a refreshing classic made with non-alcoholic gin, tonic and rosemary syrup	
Orange bumble in juice with spices	420
Espresso-tonic Matcha-tonic	470
Vanilla milkshake	520

Wellness drinks WOW

with functional additives



Banana latte
with protein foam
MCT powder, cordyceps
and maca peruvian
Energy x stamina
450



Hojicha with salted
caramel and pear
cordyceps, MCT powder
and lion's mane
Concentration x productivity
450

Homemade lemonades 350 ml

Ripe sea buckthorn-mango	420
Fresh lime with mint	420
☼ Strawberry with lemongrass and tarragon	420
Tropical with passion fruit and blood orange	420

Matcha and cocoa 350 ml

☼ Matcha latte green blue pink	470
Cocoa with melted belgian chocolate	490
dark milk	

☼ Selective teas and tisanes 500 ml

Black Black with bergamot	470
Oolong-Tieguan Yin Green with jasmine	470
Pear-strawberry Moroccan mint	470
Rooibos-lemongrass-currant leaf	470
Melissa-chamomile-cornflower	470
Taiga herbs ivan-tea, cedar, rowan	470
Ginger with apple	490
Sea buckthorn with ripe mango	590

Other drinks

Juice I'll Primo in assortment	320
Water Aqua Russa sparkling still	390
Coca-Cola zero	420

☼ can be prepared cold

☼ lactose free

☼ no sugar

☼ berries and fruits from our garden in Sochi