

ZABYLI SAHAR

est. 2016



ABOUT OUR PROJECTS **JOY**[∞]
and fruit and berry garden in Sochi



BREAKFASTS all day

A useful habit at the beginning of the day ^{WOW} 390

A functional green bowl containing 50% of the daily dose of fiber

Kale, beetroot microgreens, kiwi, chia seeds, dried cranberries



Croissants and pancakes

- Croissant 250
- with jam and butter 390
- with tambov ham and poached egg 720
- with trout and poached egg 870

Classic pancakes
trout +470 | sour cream +120 | wild strawberry +290 350

Eggs

- Big: scramble, croissant or tartine, mixed salad, butter, garden fig confiture 890
- and tambov ham 990
- and trout

Farm: scramble, hash brown, mixed salad, tomatoes, cucumbers, grain bread and butter 620
trout +470 | tambov ham +290

Sunny-side up eggs, omelette or scramble from 3 eggs 350

Avocado toast with poached egg, mixed salad and truffle cream cheese 590

Benedict on a hash brown with spinach 590

Healthy breakfast with green buckwheat, avocado, poached egg and mixed salad 650

Carrot waffle with mashed avocado, poached egg and mixed salad 650

We recommend to add: trout +470 | prawns +390 | tambov ham +290



Porridges

We can cook it on classic milk and without addings

- Oatmeal with garden fig, raspberry and almonds on oat milk 490
- Rice white chocolate ganache and mango on coconut milk 590
- Creamy green buckwheat with mushrooms, spinach and poached egg on almond milk 790



Syrniki and granola

- Gluten-free syrniki - with garden fig and sour cream 720
- with wild strawberries and sour cream 890

Granola with high-protein yogurt 690



MAIN MENU

Here you will find photos of the dishes



For start

- Zucchini pancake with poached egg and sour cream 570
trout +470 | prawns +390 | tambov ham +290
- ☞ Chicken liver pate with garden fig and cherry confiture 590
- Caesar salad
- with chicken 690
- with prawns 790
- ☞ ☑ Bowl with quinoa, avocado, tomatoes, edamame beans and sweet chili sauce 790
trout +470 | prawns +390
- ☞ ☑ Big green salad 820



Soups

- Chicken broth with homemade noodles and egg 490
- ☞ ☑ Pumpkin cream soup on coconut milk 520
- with prawns 630



Main courses

- ☞ Turkey cutlets with mashed root vegetables and truffle sauce 790
- Tagliolini with chicken, mushrooms and parmesan 770
- Shawarma
- with chicken 720
- with prawns and mango sauce ☞ 820
- Pappardelle with duck confit and sun-dried tomatoes 790
- ☞ ☑ Trout steak with quinoa, broccoli, mixed salad and soy walnut aioli 1690



Add to any dish

Parmesan	270	Tambov ham	290
Avocado	270	Confiture:	
Chicken breast	290	- garden fig ☞	290
Prawns	390	- lingonberry	290
Trout	470	- wild strawberry	350

Coffee our own roastery by Pa Pa Power

Espresso		290
Americano	250 ml	320
Filter	250 350 ml	350 390
Cappuccino	250 350 ml	350 390
Flat white	250 ml	390
☉ Latte	350 ml	390
☉ Chicory cappuccino	350 ml on coconut milk	430
Lemon latte with andaliman	350 ml	490
☉ Salted caramel latte	350 ml	490
Raf with bourbon vanilla	350 ml	490
☉ Plant-based 5YES! or lactose-free milk	+ 100	
Any coffee can be made on decaf		



Seasonal drinks

all syrups are made by ourselves

Cranberry filter with honey foam	250 ml	390
Blackcurrant Basil Latte	350 ml	490
Hodzicha raf	350 ml	490
Citrus latte with white chocolate	350 ml	490
Pink hot chocolate	350 ml	490



Matcha and cocoa 350 ml

☉ Matcha latte classic blue pink	470
Cocoa with melted belgian chocolate milk or dark	490

Warm teas 500 ml

Ginger and apple	490
With rosehip	490
Coniferous with candied cones and rosemary	550
Sea buckthorn with ripe mango	590

☉ Selective teas and tisanes 470

Black black with bergamot
Green with jasmine oolong
Rooibos-lemongrass-currant leaf
Melissa-chamomile-cornflower
Taiga herbs ivan-tea, cedar, rowan

Cold drinks

Espresso tonic Matcha tonic	350 ml	420
☉ Strawberry homemade lemonade	350 ml	450
with lemongrass and tarragon		
Orange bumble	350 ml	490
with juice and spices		
Tropical homemade lemonade	350 ml	490
with passion fruit and blood orange		
Vanilla milkshake	350 ml	520
Fresh juice	300 ml	550
Sweet orange		
Juices in assortment	200 ml	300
Water Aqua Russa sparkling or still	500 ml	390
Coca-Cola zero	330 ml	420