

ZABYLI SAHAR

est. 2016



ABOUT OUR PROJECTS **JOY**[∞]
and fruit and berry garden in Sochi



BREAKFASTS all day

A useful habit at the beginning of the day ^{WOW} 390

A functional green bowl containing 50% of the daily dose of fiber

Kale, beetroot microgreens, kiwi, chia seeds, dried cranberries



Croissants and pancakes

- Croissant 250
- with jam and butter 390
- with tambov ham and poached egg 720
- with trout and poached egg 870

Classic pancakes
trout +470 | sour cream +120 | wild strawberry +290 350

Eggs

- Big: scramble, croissant or tartine, mixed salad, butter, garden fig confiture 890
- and tambov ham 990
- and trout

Farm: scramble, hash brown, mixed salad, tomatoes, cucumbers, grain bread and butter 620
trout +470 | tambov ham +290

Sunny-side up eggs, omelette or scramble from 3 eggs 350

Avocado toast with poached egg, mixed salad and truffle cream cheese 590

Benedict on a hash brown with spinach 590

Healthy breakfast with green buckwheat, avocado, poached egg and mixed salad 650

Carrot waffle with mashed avocado, poached egg and mixed salad 650

We recommend to add: trout +470 | prawns +390 | tambov ham +290



Porridges

We can cook it on classic milk and without addings

- Oatmeal with garden fig, raspberry and almonds on oat milk 490
- Rice white chocolate ganache and mango on coconut milk 590
- Creamy green buckwheat with mushrooms, spinach and poached egg on almond milk 790



Syrniki and granola

- Gluten-free syrniki - with garden fig and sour cream 720
- with wild strawberries and sour cream 890

Granola with high-protein yogurt 690



MAIN MENU

Here you will find photos of the dishes



For start

- Zucchini pancake with poached egg and sour cream 570
trout +470 | prawns +390 | tambov ham +290
- ☞ Chicken liver pate with garden fig and cherry confiture 590
- Caesar salad
- with chicken 690
- with prawns 790
- ☞ ☒ Bowl with quinoa, avocado, tomatoes, edamame beans and sweet chili sauce 790
trout +470 | prawns +390
- ☞ ☒ Big green salad 820



Soups

- Chicken broth with homemade noodles and egg 490
- ☞ ☒ Pumpkin cream soup on coconut milk 520
- with prawns 630



Main courses

- ☞ Turkey cutlets with mashed root vegetables and truffle sauce 790
- Tagliolini with chicken, mushrooms and parmesan 770
- Shawarma
- with chicken 720
- with prawns and mango sauce ☞ 820
- Pappardelle with duck confit and sun-dried tomatoes 790
- ☞ ☒ Trout steak with quinoa, broccoli, mixed salad and soy walnut aioli 1690



Add to any dish

Parmesan	270	Tambov ham	290
Avocado	270	Confiture:	
Chicken breast	290	- <u>garden fig</u> ☞	290
Prawns	390	- lingonberry	290
Trout	470	- wild strawberry	350

Coffee our own roastery by Pa Pa Power

Espresso	290
Americano <small>250 ml</small>	320
Filter <small>250 350 ml</small>	350 390
Cappuccino <small>250 350 ml</small>	350 390
Flat white <small>250 ml</small>	390
☉ Latte <small>350 ml</small>	390
☉ Chicory cappuccino <small>350 ml</small> on coconut milk	430
Lemon latte with andaliman <small>350 ml</small>	490
☉ Salted caramel latte <small>350 ml</small>	490
Raf with bourbon vanilla <small>350 ml</small>	490
☉ Plant-based 5YES! or lactose-free milk + 100	
Any coffee can be made on decaf	



Seasonal drinks

all syrups are made by ourselves

Cranberry filter with honey foam <small>250 ml</small>	390
Blackcurrant Basil Latte <small>350 ml</small>	490
Hodzicha raf <small>350 ml</small>	490
Citrus latte with white chocolate <small>350 ml</small>	490
Pink hot chocolate <small>350 ml</small>	490



Matcha and cocoa 350 ml

☉ Matcha latte classic blue pink	470
Cocoa with melted belgian chocolate milk or dark	490

Warm teas 500 ml

Ginger and apple	490
With rosehip	490
Coniferous with candied cones and rosemary	550
Sea buckthorn with ripe mango	590

☉ Selective teas and tisanes 470

Black black with bergamot	
Green with jasmine oolong	
Rooibos-lemongrass-currant leaf	
Melissa-chamomile-cornflower	
Taiga herbs ivan-tea, cedar, rowan	

Cold drinks

Espresso tonic Matcha tonic <small>350 ml</small>	420
☉ Strawberry homemade lemonade <small>350 ml</small> with lemongrass and tarragon	450
Orange bumble <small>350 ml</small> with juice and spices	490
Tropical homemade lemonade <small>350 ml</small> with passion fruit and blood orange	490
Vanilla milkshake <small>350 ml</small>	520
Fresh juice <small>300 ml</small> Sweet orange	550
Juices in assortment <small>200 ml</small>	300
Water Aqua Russa sparkling or still <small>500 ml</small>	390
Coca-Cola zero <small>330 ml</small>	420