

# ZABYLI SAHAR

est. 2016



ABOUT OUR PROJECTS **JOY**<sup>∞</sup>  
and fruit and berry garden in Sochi



Coffee our own roastery Pa Pa Power

Espresso	250
Americano 250 350 ml	290 370
Filter 250 350 ml brewed by the drip method	290 370
Flat white 250 ml	390
Cappuccino 250 350 ml	350 390
☼ Latte 350 ml	390
☼ Chicory cappuccino 350 ml on coconut milk	420
Lemon latte with andaliman 350 ml	490
☼ Salted caramel latte 350 ml	490
Raf with bourbon vanilla 350 ml	490
☼ Plant-based 5YES! or lactose-free milk + 100 Any coffee can be made on decaf	



Seasonal drinks 350 ml  
all syrups are made by ourselves

Cranberry filter with honey foam 250 ml	490
Blackcurrant Basil Latte 350 ml	490
Hodzicha raf 350 ml	490
Carrot Cake Latte 350 ml	490
Citrus latte with white chocolate 350 ml	520
Pink hot chocolate 350 ml	520

☼ Warming teas 500 ml

Coniferous with candied cones and rosemary	490
With rosehip	490
Ginger and apple	490
☼ Garden raspberry and black currant tea	550
Sea buckthorn with ripe mango	550

☼ Selective teas and tisanes 420

Black   green	
Black with bergamot   green with jasmine	
Hibiscus-apple-papaya   pear-wild strawberry	
Rooibos-lemongrass-currant leaf	
Melissa-chamomile-cornflower	
Taiga herbs ivan-tea, cedar, rowan	



Matcha and cocoa 350 ml

☼ Matcha latte classic   blue   pink	470
Cocoa with melted belgian chocolate milk or dark	490

With homemade ice cream

Affogato   Glace	470
Milkshake chocolate   vanilla	490
☼ Lactose-free mango-passion fruit shake with homemade sorbet	590

Fresh juices 300 ml

Juicy carrot   apple-carrot	470
Ripe apples	490
Sweet oranges	550
Citrus mix   rich grapefruits	550

☼ Smoothies 300 ml 520

Banana-chia-pink matcha   black currant-basil	
Blueberry-avocado-banana	

Cold drinks

Matcha tonic 350 ml	390
Espresso tonic 350 ml	450
Orange bumble with juice   fresh juice 350 ml	450 570
Homemade lemonade 350 ml	490
- Strawberry with lemongrass and tarragon ☼	
- Chokeberry with rosemary	
- Tropical with passion fruit and blood orange	
☼ Garden juice raspberry   strawberry 300 ml	370
Juices I'll Primo in assortment	320
Coca-Cola zero	420
Water Aqua Russa sparkling or still 500 ml	390



BREAKFASTS from 10:00 to 13:00 on weekdays and until 15:00 on weekends



Constructor

- Big: scramble, croissant or tartine, mix salad, butter, garden fig confiture
  - with tambov ham870
  - with trout990
- English: omelette, chicken sausages, baked beans, champignons, tomatoes, mixed salad and tartine990
- Farm: scramble, hash brown, mixed salad, tomatoes, cucumbers, grain bread and butter590
- trout +450 | tambov ham +270

- Potato draniki
  - with tambov ham and sour cream720
  - with trout and sour cream850
- Avocado toast with poached egg, mixed salad and truffle cream cheese590
- Healthy breakfast with green buckwheat, avocado, poached egg and mixed salad590
- Carrot waffle with mashed avocado, poached egg and mixed salad590
- Zucchini pancake with poached egg and sour cream590

We recommend adding: trout +450 | strachatella +250 | prawns +370 | tambov ham +270

Eggs

- Sunny-side up eggs, omelette or scramble from 3 eggs370
- Sunny-side up eggs with chicken breast, broccoli and parmesan sauce650
- Benedict on a hash brown with spinach590
- trout +450 | tambov ham +270
- Croissant with poached egg
  - and tambov ham690
  - and trout820
- Big green salad790



Porridges

We can cook on cow's milk and without additives

- Oatmeal with garden fig, raspberry and almonds on oat milk490
- Rice white chocolate ganache and mango on coconut milk590
- Quinoa with spiced apples, lingonberry jam and almonds690
- Creamy green buckwheat with mushrooms, spinach and poached egg720



Gluten-free syrniki

- With garden cherries and sour cream720
- With royal raisins, lingonberry confiture and sour cream750
- With wild strawberries and sour cream820
- Tofu syrniki with coconut caramel and banana650



Add to any dish

Poached egg	120
Parmesan	250
Strachatella	250
Avocado	250
Prawns	370
Trout	450
Tambov ham	270
Chicken breast	270



For start

- Homebaked bread with butter 250
- ✂ Chicken liver pate with garden fig and cherry confiture 570
- ✂ Crispy eggplant with pink tomatoes and feta cheese 650
- Caesar salad
  - with chicken 690
  - with prawns 770
- ✂ Bang Bang prawns 770
- ✂ Big green salad 790
- ✂ Mixed salad with quinoa, baked pumpkin and feta cheese 790
- ✂ Nicoise salad 850
- ✂ Greek salad 850



Bowls

- ✂ With quinoa, avocado, tomatoes, edamame beans and sweet chili sauce trout +450 | prawns +370 790
- ✂ Big with avocado, green lentils, crispy tofu and soy walnut aioli trout +450 | chicken breast +270 | prawns +370 850

Soups

- ✂ Chicken broth with breast, celery root and romaine lettuce 490
- ✂ Pumpkin cream soup on coconut milk
  - with prawns 650
- ✂ Rich soup with beef cheeks and seasonal vegetables 690
- ✂ Tom Yum with seafood and jasmine rice 1190



Homemade pasta

Can be cooked with gluten-free pasta

- Carbonara with bacon 720
- Tagliolini with chicken, mushrooms and parmesan 750
- Pappardelle with duck confit and sun-dried tomatoes 790
- Gnocchi with prawns, sun-dried tomatoes, green peas and ricotta 850
- Tagliatelle with seafood, tomatoes and basil 890
- Penne with trout, broccoli and cream sauce 890

Main courses

- ✂ Turkey cutlets with mashed root vegetables and truffle sauce 750
- Chicken schnitzel with Caesar sauce and romaine lettuce 790
- Shawarma
  - with chicken 690
  - with prawns and mango sauce 790
- Chicken breast with baked pumpkin and demi-glace sauce 790
- ✂ Beef marble steak with potato stone, mixed salad and pesto 820
- Zander fillet with parsnip puree and spinach saute 950
- ✂ Stewed beef cheek with mashed baked celery and spiced apples 1190
- ✂ Trout steak with quinoa, broccoli, mixed salad and soy walnut aioli 1550



Russian dishes from Muka Cafe

- Olivier with turkey ✂ 590
- Borscht with stewed beef, homemade lard and farm sour cream 890
- Dumplings with cherries and tarragon 490
- Homemade dumplings serve with or without broth
  - with turkey and sour cream 670
  - with pork, beef and sour cream 670

All day

- Gluten-free syrniki with sour cream ✂
  - and garden cherries 720
  - royal raisin and lingonberry confiture 750
  - and wild strawberries 820
- Tofu syrniki with coconut caramel and banana ✂ 650
- Potato draniki ✂
  - with tambov ham and sour cream 720
  - with trout and sour cream 850
- Avocado toast with poached egg, mixed salad and truffle cream cheese 590
- Healthy breakfast with green buckwheat, avocado, poached egg and mixed salad 590
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