



ZABYLI SAHAR  
One Trinity Place

Breakfasts from 9:00 until 14:00 on weekdays and until 15:00 on weekends  
We serve a glass of sparkling wine as a compliment

We can cook any dish gluten-free except \*



Photo-menu

### FOR IMMUNITY AND HEALTH

**A useful habit at the beginning of the day** WOW 290

A functional green bowl containing 50% of the daily dose of fiber

Kale, beetroot microgreens, kiwi, chia seeds, dried cranberries

**Wellness shot Beauty boost** grapefruit, collagen, lemon, jerusalem artichoke syrup, acai 420

**Wellness shot Energy & detox** orange, spirulina, green apple, matcha, celery, parsley 420

**Wellness shot Immunity** ginger, lemon, honey 420

### MIXED BREAKFAST

Potato dranik with salad mix and sour cream 490

new **Pumpkin and zucchini dranik with poached egg** 550

**Healthy breakfast with green buckwheat, avocado, poached egg and spinach** 690

**Big breakfast: scramble, avocado, salad mix, uzbek tomatoes, lime cream cheese, multigrain bread** 1150

**Big green salad\*** 870

Recommend to add: trout +650 | tambov ham +250 | langoustines +650 | chicken breast +290 | crab +990

### EGGS

we can prepare any egg dish without dairy products

new **Fried eggs with pickled chanterelles and tartine** 390

new **Omelet with spicy pumpkin and feta** 490

new **Benedict on hash browns with romano salad** 590

**Protein omelet with zucchini and uzbek tomatoes** 670

**Scramble with parmesan and truffle** 690

**Benedict with tambov ham, morels and pickled zucchini** 870

**Shakshuka with feta cheese and Greek yoghurt** 920

**Scramble with langoustines, avocado and arugula** 1050

**Benedict with trout and pickled zucchini** 1090

### PROTEIN

new **Protein omelet with broccoli and chicken breast** 29 g of protein 550

new **Granola with high-protein yogurt** 12 g of protein 650

new **Protein ricotta with cranberry jam and ricotta cream** 17 g of protein 650

new **Chia pudding with acai** 2,3 g of protein 990

### ON OUR HOMEMADE BREAD

serve on gluten-free sun-dried tomato bread + 100

**Avocado toast** 570  
stracciatella +390 | trout +650 | crab +990

**Toast with red caviar** 1050

**Swedish toast with salmon and red caviar** 1290

**Croissant with butter and confiture\*** 390  
wild strawberries or garden cherries to choose from

### PORRIDGE

**Oatmeal with garden figs, raspberries and almonds** 490  
organic gluten-free cereal +50

new **Quinoa with spiced apples, lingonberry jam and almonds** 590

**Grechotto with chanterelles, poached egg and parmesan** 870

**Rice with ripe mango, kaffir lime ganache and coconut milk** 990  
spirulina +90

### GLUTEN-FREE SYRNIKI

**With garden cherry confiture and sour cream** 770

**With wild strawberry confiture and sour cream** 890

**With royal raisin, lingonberry confiture and sour cream** 850

### ADD TO ANY DISH

Poached egg	150
Parmesan   Tambov ham	250
Avocado	270
Uzbek tomatoes   Chicken breast	290
Truffle	300
Porcini mushrooms	370
Stracciatella	390
Red caviar	450
Trout   Langoustines	650
Crab	990
Confiture	
– garden cherry	190
– wild strawberry	290



ABOUT OUR PROJECTS **JOY**<sup>∞</sup>  
and fruit and berry garden in Sochi





ZABYLI SAHAR  
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Main menu from 13:00 on weekdays and from 15:00 on weekends

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### STARTERS

Homemade bread with tomato butter*	320
Smashed olives	490
👑🌿 Chicken pate with garden figs and cherry jam	590
👑 Big green salad trout +650   langoustines +650   crab +990	870
Caesar salad with	
– chicken	890
– langoustines	1150
– crab	1790
Beef tenderloin tartare with truffle and parmesan mousse	1050
Bowl with trout, avocado, quinoa, tomatoes and edamame beans	1220

### SOUPS

Chicken broth with sous vide breast, noodles and broccoli	490
<small>new</small> Pumpkin cream soup with parmesan mousse langoustines +650   crab +990	590
<small>new</small> 👑 Corn chowder with langoustines and mussels	1290
Tom yum with seafood and jasmine rice	1390

### MINDFUL STREET FOOD

👑 Shawarma with chicken breast and yogurt sauce*	790
Burger with lamb cutlet and cheddar cheese*	990
Burger with marbled beef patty and cheddar cheese*	1050
Shawarma with scallops, langoustines and parmesan sauce*	1190
<small>new</small> 👑 Shawarma with crab and caesar sauce	1790
👑🌿 Burger with Moroccan octopus, garden fig and cherry caramel*	1990

### PASTA

can be cooked with gluten-free pasta

Paccheri cacio e pepe	890
👑 Orzo with rabbit and stracciatella	990
Tagliatelle with scallops, cauliflower and truffle	1290
👑 Tagliatelle with langoustines, tomatoes and olives	1390



### MAIN COURSES

👑 Chopped turkey cutlets with green buckwheat, broccoli and porcini mushrooms	890
Chicken breast with orzo pasta, porcini mushrooms and truffle cream*	1090
👑 Beef steak with porcini mushrooms, poached egg and caramel truffle demiglas	1290
Chicken breast with red quinoa, avocado, broccoli and parmesan sauce	1290
<small>new</small> Stewed beef cheek with mashed baked celery and spiced apples	1290
👑 Minced lamb steak with uzbek tomatoes and mint pesto	1490
<small>new</small> Marbled beef stroganoff with porcini mushrooms and mashed potatoes	1590
<small>new</small> 👑 Beef fillet with cauliflower puree, spinach and demi-glace sauce	1790
Trout steak with red quinoa, avocado, broccoli and bisque sauce	2290
👑 Moroccan octopus with potatoes, bisque sauce and parmesan mousse	2550
<small>new</small> 👑 Trout steak with seared cauliflower, asparagus, berblanc sauce and red caviar	2390
<small>new</small> 👑 Whole dorado with aqua pazza sauce, new potatoes, olives and tomatoes	2590

### BREAKFASTS ALL DAY

Pumpkin and zucchini dranik with poached egg 👑	550
Avocado toast 👑	570
Recommend to add: trout +650   langoustines +650   crab +990	
Toast with red caviar	1050
Gluten-free syrniki with sour cream	
– and garden cherry confiture	770
– and wild strawberry confiture 👑	890
– and royal raisins and lingonberry confiture 👑	850

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