



ZABYLI SAHAR
est. 2016

Breakfasts *all day*



Croissants

Classic	220
With jam and butter	390

Eggs

🍴 Big breakfast: scramble, croissant or tartine, mix salad, butter, fig jam	
- with Tambov ham	820
- with trout	950
Sunny-side up eggs or scramble from 3 eggs	370
Egg white omelette with broccoli, baked paprika and zucchini	570
French omelette or scramble with mozzarella and truffle cream	570
Benedict on a croissant with mashed avocado	
- and Tambov ham	720
- and trout	820
Zucchini pancake with poached egg and sour cream	520
trout +390 Tambov ham +220	
Cheese waffle with mixed salad, poached egg	
- and Tambov ham	690
- and trout	790



On homebaked bread

Avocado toast with poached egg, mix salad and truffle cream	520
trout +390 prawns +320	
Creamy scramble with Tambov ham on grain bread	620



Porridges

We can cook any porridge on cow's milk and without additives

🍴🍴🍴 Oatmeal with garden fig, raspberry, almonds on oat milk	470
✂️ Rice with white chocolate mango ganache on coconut milk	550
✂️ Creamy green buckwheat with mushrooms, spinach and poached egg	620



✂️ Gluten-free syrniki

🍴 With garden fig and sour cream	620
With wild strawberries and sour cream	750



Main menu

Starters

Homebaked bread with butter	320
🍷 Chicken liver pate with <u>figs</u> and cherry confiture	550
🍷 Big green salad	720
🍷 Vegetable bowl with feta sauce and avocado	720
🍷 Niçoise salad	690
Caesar salad	
- with chicken	620
- with prawns	720
🍷 Bowl with avocado, quinoa, tomatoes and edamame beans	650
trout +390 prawns +320	



Soups

🍷 Chicken broth with breast, celery root and romaine lettuce	490
🍷 Pumpkin cream soup on coconut milk	490
- with prawns	590
Hearty soup with beef cheeks and seasonal vegetables	650
🍷 Tom Yum with seafood and jasmine rice	950



Main courses

🍷 Potato draniki	
- with Tambov ham and truffle cream	620
- with trout and sour cream	750
Turkey cutlets with ptitim and coconut-spicy sauce	690
Shawarma	
- with chicken	590
- with prawns and mango sauce	690
🍷 Duck breast with sweet potato mousse, confit apples and lingonberries	890
Trout steak with broccoli and bisque sauce	720

Pasta

Can be cooked with gluten-free pasta

Carbonara with bacon	650
Tagliolini with chicken, mushrooms and parmesan	670
Pappardelle with duck confit and sun-dried tomatoes	750
Orzo with prawns and baked pepper	690
Casarecce with prawns and artichokes	850



Add to any dish

Poached egg	120	Tambov ham	220	Tuna	290
Mozzarella	150	Chicken breast	250	Confiture: wild strawberry	160
Parmesan	200	Avocado	250	🍷 <u>fig</u> cherry	
Trout	390	Prawns	320		

Coffee our own roastery Pa Pa Power

Espresso	190
Americano <small>s m</small>	270 350
Hario	290
Cappuccino <small>s m</small>	320 380
Flat white	380
☎ Latte	380
☎ Chicory cappuccino on coconut mil	370
☎ Apple pie latte on oatmeal milk	420
Lemon latte with andaliman	450
Salted caramel latte	450
Raf with bourbon vanilla	470
☎ Raf Raffaello	470

Plant-based or lactose-free milk + 100
Any coffee can be made on decaf

Warm drinks

☎🍷 Garden <u>raspberry</u> and black currant tea	490
🍷 Sea buckthorn tea with ripe mango and ginger	490
☎ Orange bumble with spices	450



Matcha and cocoa

☎ Matcha latte <small>classic blue pink</small>	420
Cocoa with melted belgian chocolate <small>milk or dark</small>	420
Hazelnut cocoa	420
Cherry cocoa with milk chocolate	420

🍷 Selective teas

Black black with bergamot	390
Oolong green with jasmine	
Pear-strawberry	
Melissa-chamomile-cornflower	420
Rooibos-lemongrass-currant leaf	
Taiga herbs <small>ivan-tea, cedar, rowan</small>	

Soft drinks

Juices in assortment	290
Petroglyph <small>375 750 ml</small> sparkling or still	350 650

Homemade lemonades

Tarragon-mint Berry	420
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Fresh juices

Ripe apples	450
Sweet oranges	490

Sparkling wine

	125 ml
Pelagia Spumante Brut, Italy	620
Cava Mvsa Brut Vallformosa, Spain	620

White wine

Miss Schmitt Riesling Landwein, Germany	620
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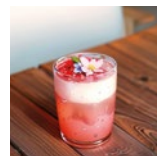
Red wine

Conde de Monterroso Tempranillo, Spain	550
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Mulled wine

Spiced on red wine	650
Non-alcoholic on cherry juice	620

Cocktails



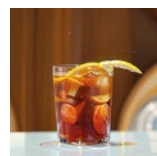
Strawberry-
violet Sour 650



Aperol Spritz 650



Passion Spritz 650



Negroni 650