



ZABYLI SAHAR

est. 2016

Breakfasts

From 9:00 to 13:00 on weekdays and until 14:00 on weekends



Croissants

Classic	190
With jam and butter	370
With Tambov ham and poached egg	590
With trout and poached egg	650

Eggs

🍴 Big breakfast: scramble, croissant or tartine, mix salad, fig jam, butter

- with Tambov ham	790
- with trout	890

Sunny-side up eggs or scramble from 3 eggs 350

French omelette or scramble with mozzarella and truffle cream 550

French omelette with tomatoes and strachatella 590

Zucchini pancake with poached egg and sour cream 420

trout + 350 | strachatella + 250 |
Tambov ham + 200 | prawns + 250

Benedict with pickled zucchini

- with Tambov ham	690
- with trout	790



On homebaked bread

Avocado toast with poached egg, mix salad and truffle cream 490

trout + 350 | strachatella + 250 | prawns + 250

Tartine with tempura prawns, avocado and egg 650



Porridges

🍴🌱 Oatmeal with garden fig, raspberry, almonds on oat milk 450

🌱 Rice with white chocolate mango ganache on coconut milk 490

🌱 Green buckwheat with mushrooms, spinach and poached egg 490

We can cook any porridge on cow's milk and without additives

All day

🌱 Gluten-free syrniki

🍴 - with garden fig and sour cream 590

- with wild strawberries and sour cream 690

🍴 - from tofu with coconut caramel and banana 490

Zucchini pancake with poached egg and sour cream 420

Avocado toast with poached egg, mix salad and truffle cream 490

We recommend to add to toast and zucchini pancake

trout + 350 | strachatella + 250 |

Tambov ham + 200 | prawns + 250

Main menu *all day*

Starters

Homebaked bread with butter	270
🍷 Chicken liver pate with <u>figs</u> and cherry confiture	450
🍷 Bang Bang prawns	670
🍷 Big green salad	650
🍷 Vegetable bowl with feta sauce and avocado	590
Niçoise salad	690
🍷 Crispy eggplants with pink tomatoes and feta cheese	550
Caesar salad with chicken prawns	590 650



Soups

🍷 Chicken broth with breast, celery root and romaine lettuce	450
🍷 Pumpkin cream soup on coconut milk - with prawns	420 520
🍷 Tom Yum with seafood and jasmine rice	850



Main courses

🍷 Potato draniki	
- with Tambov ham and truffle cream	550
- with trout and sour cream	650
Shawarma	
- with chicken	550
- with prawns and mango sauce 🍷	620
Chicken breast with sautéed spinach and truffle hollandaise sauce	670
Chicken schnitzel with caesar sauce and romaine lettuce	690
Duck breast with sweet potato mousse, apples confit and lingonberry	790
Turkey cutlets with ptitim and coconut-spice sauce	620
Salmon cutlets with mashed potatoes and mix salad	790
Baked sweet potato with feta and mashed avocado	750
Carbonara with bacon	620
Tagliolini with chicken and mushrooms	620
Pappardelle with duck confit and sun-dried tomatoes	650
Risotto with porcini mushrooms	690

🍷 Any pasta can be cooked gluten-free

Add to any dish

Poached egg	120	Tambov ham	200	Tuna	290
Mozzarella	150	Chicken breast	200	Trout	350
Parmesan	180	Avocado	250	Confiture: wild strawberry	150
Strachatella	250	Prawns	250	🍷 <u>fig</u> cherry	

Coffee *roasted in Sochi by ourselves*

Espresso	190
Americano	250
Hario	270
Cappuccino <small>s m</small>	290 350
Flat white	290
☼ Latte	350
Filter <small>s m</small>	250 290
Brewed by the drip method	
Salted caramel latte	390
Raf with bourbon vanilla	390
Lemon latte with andaliman	390
☼ Apple pie latte on oatmeal milk	390
☼ Chicory cappuccino on coconut milk	370
Plant-based or lactose-free milk +100	
Any coffee can be made on decaf	

Warm drinks

☼☼ Garden raspberry and black currant tea	490
☼ Sea buckthorn tea with ripe mango and ginger	490
Spicy tea latte	350
☼ Spicy bumble coffee with fresh orange juice	450

Matcha and cocoa

☼ Matcha latte classic blue pink	350
Cocoa with melted belgian chocolate milk or dark	390
Hazelnut cocoa	390
Cherry cocoa with milk chocolate	390

☼ Selective teas 390

Black | black with bergamot
 Oolong | green with jasmine

Pear-strawberry
 Rooibos-lemongrass-currant leaf
 Blackberry-melissa-cornflower
 Taiga herbs willow-tea, cedar, mountain ash

Fresh juices

Ripe apples	390
Sweet oranges	450
Juicy grapefruits	450
Citrus mix	450

Homemade lemonades

☼ Raspberry-grapefruit	390
Berry	350

Soft drinks

Juices in assortment	290
Petroglyph water 375 ml 750 ml sparkling or still	350 650

Sparkling wine

	125 ml
Pelagia Spuate Brute, Italy	550
Cava Musa Brut Vallformosa, Spain	590

White wine

Holly Blue, Vinho Verde, Portugal	550
Miss Schmitt Riesling Landwein, Germany	590
Arco bay Sauvignon Blanc	690
Marlborough, New Zealand	

Red wine

Conde de Monterroso Tempranillo, Spain	550
Pontebello Sangiovese, Puglia, Italy	590

Mulled wine

Spicy on red wine	590
Non-alcoholic on cherry juice	550

Beer and cider

Will-Brau Helles light	590
Heidegger Hell light	550
Gletcher Ausweis unfiltered	550
Rouge de Fleur cherry	550
Brainstorm light, non alc	550
DADA №2 apple semi-dry cider	590

Cocktails

590



Strawberry-violet Sour



Passion Spritz



Aperol Spritz



Coffee Cherry Tonic



Negroni



Gin&Tonic