

ZABYLI SAHAR

est. 2016

Breakfasts

from 10:00 to 13:00 on weekdays and until 15:00 on weekends



Eggs

🕉 Big breakfast: scramble, croissant or tartine, mix salad, butter, fig jam - with salmon 850 - with Tambov ham 750 Croissant with poached egg - and salmon 650 550 - and Tambov ham Egg white omelette with broccoli, 550 baked paprika and zucchini Zucchini pancake with poached egg 490 salmon + 420 | strachatella + 200 | Tambov ham + 220 Scramble with stracciatella 690 and truffle oil Shakshuka with pickled cheese and yogurt 690 Benedict - with Tambov ham, porcini 650 mushrooms and pickled zucchini - with salmon and pickled zucchini 790 Potato draniki - with Tambov ham and truffle cream 550

- with salmon and sour cream

On our homemade bread

Serve on gluten-free sun-dried tomato bread +50

Avocado toast with poached egg salmon +420 stracciatella +200 prawns +300	490
Creamy scramble with Tambov ham on grain bread	590
Tartine with red caviar	890



Porridges

We can cook it with cow's milk and without additives

$\tilde{\mathscr{S}}$ Oatmeal with <u>figs</u> , <u>raspberries</u> and almonds on oatmeal milk	420
Rice with coconut milk, ripe mango and kaffir lime ganache on coconut milk	790
Greciotto with porcini mushrooms, poached egg and parmesan	590

All day breakfasts Syrniki and sour cream - with garden cherries 590 - with wild strawberries 650 Ricotta cake with mango 490 and coconut mousse |mited 520 Tofu syrniki with coconut caramel and banana 490 Avocado toast with poached egg salmon +420 | stracciatella +200 | prawns +300 Tartine with red caviar 890 Zucchini pancake with poached egg 490 salmon + 420 | strachatella + 200 | Tambov ham + 220

Add to any dish					
Poached egg	120	Mashed avocado	220	Prawns	300
Parmesan	200	Salmon	420	Confiture:	150
Stracciatella	200	Tambov ham	220	ॐ fig, cherry, wil	ld strawberry
Avocado	250	Chicken breast	250		

670

Main menu

from 12:00

Starters

	Homemade bread with butter	250
3	Chicken liver pate with $\underline{\text{figs}}$ and cherry jam	490
	Pink tomatoes with strachatella and pesto on tartine $^{\mbox{\scriptsize SUMMEr}}$	570
2 英国	Big green salad	620
	Crispy eggplant with pink tomatoes and feta cheese	520
	Bang Bang prawns	650
	Caesar 550 650 with chicken prawns vegan \times 1	650
P S	Bowl with salmon, avocado, quinoa, tomatoes and edamame beans	790
×	Vegetable bowl with feta sauce and avocado	650
×	Salad with pink tomatoes, avocado, strawberries and rosemary sour cream summer	590

Soups

厘米	Pumpkin cream soup with coconut milk	420
	- with prawns	490
D× W	Gazpacho from seasonal tomatoes summer	490
图》	Tom Yam with seafood and jasmine rice	850
*	Chicken broth with breast,	450
	celery root and romaine lettuce	
	Seafood bouillabaisse	870



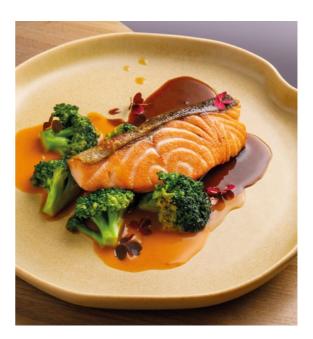
Pasta

Can be cooked with gluten-free spaghetti

Carbonara with bacon	550
Penne with salmon, broccoli	790
and cream sauce	
Tagliolini with chicken	590
and champignons	
Pappardelle with duck confit	690
and sun-dried tomatoes	

Main courses

	Chicken schnitzel with caesar sauce and romaine lettuce	650
	Shawarma - with chicken - with prawns and mango sauce	520 650
	Risotto with porcini mushrooms	650
	Cutlets from - turkey with ptitim and coconut-spicy sauce - salmon with mashed potatoes	620 820
	Duck breast with sweet potato mousse, confit apples and lingonberries	750
	Salmon steak with broccoli and bisque sauce	1350
æ	Halibut with mashed potatoes and tarragon bermonte	1290



Russian dishes from Muka Cafe

Olivier with turkey 🗷	420
Borscht with beef, homemade lard and sour cream	590
Beef stroganoff with mashed potatoes and pickled cucumber tartare	890
Vareniki with cherries and tarragon	450
Homemade pelmeni - with chicken and smoked sour cream - with pork, beef and smoked sour cream	470 520

Coffee own roasting in Sochi



	Espresso	190
	Americano s M	250 290
	Flat white	290
	Cappuccino s M	270 350
\otimes	Latte	350
	Filter s _M	230 270
	Glasse Affogato	390
	Chicory cappuccino on coconut milk	350
	Lemon latte with andaliman	390
\otimes	Salted caramel latte	390
	Raff with bourbon vanilla	420
06	Raff Raffaello	420

Plant-based or lactose-free milk +100 Any coffee can be made on decaf



Cold drinks

	Espresso-tonic	390
	Ice-latte	370
	Bumble coffee with fresh orange juice	450
Š	Lemonade grapefruit-raspberry	420
	Lemonade passion fruit-orange	420
	Lemonade tarragon-mint	420
	Citrus lemonade	420

Matcha and cocoa

Matcha latte green blue pink	390
Banana cocoa	450
Cocoa with melted belgian	390



	Tea collection and herbs Black Green Puer Te Guan Yin Fruit mix	390
	Blackberry-lemon balm-cornflower Chamomile-rosemary-sage	390 390
3	Sea buckthorn tea Raspberry and currant tea	470 470
	Smoothie	
	Banana-chia-pink matcha Blueberry-avocado-banana Detox apple, spinach, cucumber, celery, spirulina	450 450 450
	Fresh juices	
	Apple carrot Grapefruit orange citrus mix	390 450
	Garden fruit drinks	
Ž	Raspberries strawberries currants	350
	Milkshakes	
	Chocolate vanilla	450
Š	Strawberry coffee	450
	Juices and water	
	Juices in a bottle	290
	Petroglyph sparkling or still 330 ml	350
	DauSuz sparkling or still 800 ml	450