



ZABYLI SAHAR
One Trinity Place

Breakfasts from 9:00 until 14:00 on weekdays and until 15:00 on weekends
We serve a glass of sparkling wine as a compliment

We can cook any dish gluten-free

FOR IMMUNITY AND HEALTH

Wellness shot Beauty boost grapefruit, collagen, lemon, jerusalem artichoke, acai	290
Wellness shot Energy & detox orange, spirulina, green apple, matcha, celery, parsley	290
^{new} Wellness shot Immunity ginger, lemon, honey	290
^{new} Smoothie pear-ginger-almond	450

EGGS

Sunny-side-up eggs with tartin, chanterelles confit and uzbek tomatoes	490
^{new} Zucchini and pumpkin pancake with poached egg and - salmon	920
- crab	1090
Scramble with scallops and cauliflower	690
Egg-white omelette with zucchini and uzbek tomatoes	420
Benedict with Murmansk salmon, red caviar and pickled zucchini	920
Healthy breakfast with green buckwheat, avocado, poached egg and spinach salmon +300 langoustines +300 crab +600	490
Scramble with parmesan and truffle	560
^{new} Bowl with quinoa, poached egg and green salad salmon +300 langoustines +300 crab +600	650
Benedict with chanterelles confit, tambov ham and pickled zucchini	670
Scramble with langoustines, avocado and arugula	790

Figs, persimmons and raspberries from our garden in Sochi
@zabylisahar.rest

ON OUR HOMEMADE BREAD

serve on gluten-free sun-dried
tomato bread + 50

Avocado toast stracciatella +200 salmon +300 crab +600	420
Sandwich with red caviar	790
^{new} Confit rabbit with parmesan and broccoli	550
^{new} Toast with stracciatella and persimmon	490
^{new} Toast with stracciatella and figs	550

PORRIDGE

Oatmeal with figs, raspberries and almonds organic gluten-free cereal +50	390
Rice with coconut milk, ripe mango and kaffir lime ganache spirulina +90	620
^{new} Greciotto with confit chanterelles, poached egg and parmesan	570

COTTAGE CHEESE

^{new} Ricotta cake with persimmon and coconut mousse	490
Syrniki with wild strawberry jam and sour cream	650
^{new} Syrniki with cherry confiture and sour cream	590

WE RECOMMEND TO ADD

Poached egg	110
Mashed avocado Truffle	200
Parmesan Stracciatella	200
Chicken breast Ham	200
Salmon Red caviar Langoustines	300
Spinach Chanterelles confit	300
Crab	600



Photo-menu



ZABYLI SAHAR
One Trinity Place

Main menu from 13:00 on weekdays and from 15:00 on weekends

We can cook any dish gluten-free except *

STARTERS

Bread with tomato butter	230
Crushed olives	290
Uzbek tomatoes with stracciatella and yuzu sauce	650
Chicken pâté with figs and cherry jam	420
Bowl with salmon, avocado, quinoa, tomatoes and edamame beans	720
Guacamole with uzbek tomatoes and chips with beets and garlic	550
Vegan Caesar with spirulina and rock salt chips chicken breast +200 langoustines +300 crab +600	590
Half of avocado with langoustines and bisque sauce	640
Green salad with avocado, broccoli and kiwi cream	590
Pumpkin hummus with turmeric and rock salt chips	390
yeast-free buckwheat chips from Len and Grechka Bakery	

RAW

Beef tenderloin tartare with truffle cream on rye bread	690
Salmon ceviche with mango, avocado and yuzu juice	790
Tuna crudo	790
Salmon tartare with guacamole	750

STREET FOOD

Shawarma with chicken breast	550
Shawarma with scallops and langoustines	690
Taco with crab and shiso sauce	750
Tacos with duck confit and pickled onions	560
Burger with rabbit or beef cutlet, chanterelles and truffle mousse*	890

PASTA

we can cook any pasta
with gluten-free spaghetti, except*

Ravioli with eggplant and sun-dried tomatoes*	680
Homemade spaghetti with sautéed seafood	980
Paccheri pasta with rabbit confit in cherry caramel and parsnip cream	790
Tagliatelle pasta with scallops, cauliflower and truffle	890

SOUPS

Chicken broth with roasted thigh and asparagus	450
Seafood bouillabaisse	790
Tomato soup with stracciatella	650

MAIN COURSES

Chopped turkey cutlet with green buckwheat, broccoli and spinach	590
Halibut with green buckwheat and bisque sauce	1190
Sauteed seafood for one two persons	890 1590
Sous vide chicken breast with root vegetable cream and truffle mousse	790
Salmon with broccoli and grapefruit beurre blanc	1090
Scallops with cauliflower, ponzu sauce and chanterelles confit	890
Large bowl with quinoa, asparagus, avocado and - sous vide chicken breast	990
- sous vide salmon	1290
Duck breast with carrot cream, asparagus and coriander sauce	720
Cauliflower steak with truffle mousse	590
Beef cheek with mashed potatoes and demi-glace sauce	790
Moroccan octopus with potatoes, figs and lemon pesto	1990
Salmon cutlet with fresh vegetable salad	890
Argentine beef with seasonal vegetables and red wine sauce	1390

BREAKFASTS ALL DAY

Avocado toast stracciatella +200 salmon +300 crab +600	420
Zucchini and pumpkin pancake with poached egg and - salmon	920
- crab	1090
Greciotto with confit chanterelles, poached egg and parmesan	570
Syrniki with sour cream and - wild strawberry jam	650
- cherry confiture	590





ЗАБЫЛИИ САХАР
One Trinity Place

DESSERTS

Black truffle ✂	490
Coffee-persimmon ✂	490
Macadamia ✂	480
Lychee-wild strawberry ☒✂	520
Vanilla-pear-almond ☒✂	490
Fig-raspberry ✂	490
Lavender honey cake ☒	490
Cauliflower-raspberry ☒✂	490
Mango ☒✂	520
Smetannik	450
Basque cheesecake with berry jam	550
Bon-bon	150
tonka bean	
almond pecan ☒✂	
date-walnut 🌿☒✂	
Syrniki with sour cream ✂	
and wild strawberry jam	650
and cherry confiture	590

PASTRY

Croissants	
classic	220
with butter and jam	320
Puff with pistachio cream	350
Signature puff pastry pies	890
with white chocolate cream, vanilla biscuit and seasonal berries	

Please ask your waiter for the assortment

🌿 vegan ✂ gluten-free ☒ sugar-free
🌱 figs, persimmons and raspberries from our garden in Sochi



@zabylisahar.rest